ILR School

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NOSCR
NATIONAL ORGANIZATION of SOCIAL SECURITY CLAIMANTS' REPRESENTATIVES

Returning to Work When You Are Ready

Use these resources to find helpful support.

Free Employment Support Services and the Ticket to Work

- The Ticket to Work is tool that can help you get free employment support services:
  - Find your state vocational rehabilitation agency: rsa.ed.gov/about/states
  - Find Employment Networks: choosework.ssa.gov
- Many nonprofits that serve individuals with disabilities also offer employment support services.

Free Help Learning How Work Might Change Your Benefits

- Find the Work Incentives Planning and Assistance Project that serves your community: choosework.ssa.gov
- Read online information about work and benefits: disabilitybenefitsatwork.org
- Many nonprofits that serve individuals with disabilities offer benefits planning.
- Many state vocational rehabilitation agencies and employment networks also offer benefits planning (see links above).

Free Legal Help for Challenges with Return-To-Work Services

Find the Protection and Advocacy for Beneficiaries of Social Security that serves your community: ndrn.org

Create a *my* Social Security Account to Report Your Wages

After you create an online account with SSA, you can use the account to easily report your wages (which you must do *every* month). You can also use it to tell SSA about changes to your personal information, such as a new address or updated banking information. Start here: ssa.gov/myaccount

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